**Principal’s Report**

Head lice
Narromine Public School is hoping to eliminate a little stress and tension for our parents by providing some additional support in relation to head lice. We understand that a great many of our families are struggling to break the head lice cycle. Today we are sending home a treatment. We are encouraging the whole school to implement a focused effort to eliminate head lice for our children.

Every school and every family have at some time experienced head lice and or nits.

Head lice are tiny insects about 2-3mm long, they have not got wings so they don't actually fly and they cannot hop or jump but they can run fast, they are so small and they move so fast that it is difficult to see them. Head lice have 6 legs with sharp claws that are used to cling on tight to your hair. Head lice enjoy a nice warm scalp as they feed on the blood that is close to the skin surface, their bites make the scalp itch. Head lice lay tiny white eggs, called Nits, on the base of individual hair shafts, the eggs hatch in 7 days and head lice can live for 4 to 5 weeks. Head lice do not live off our heads for more than 2 days. You can tell which nits are dead or hatched as the egg (nit) is further away from the scalp.

How do we get head lice/nits? From head to head touching – being very close to someone like a friend, a work mate or a family member. Sharing hairbrushes, clothes, hair ties, hats and helmets are other ways to spread or catch head lice.

What to do if you think you’ve got head lice:

Head lice can make you feel uncomfortable but they won’t hurt your health and there are lots of things you can do to get rid of the little nuisances.

If your head feels itchy:

- Don’t panic. This is not a major drama
- See if there are any tiny spots of black on your pillow or collar
- Get a parent or caregiver to check your hair for head lice or nits. Looking around your ears, the back of your neck and under your fringe are the most visible areas for head lice
- Everyone in the family needs to be checked
- The chemists carry head lice treatments and today we are supplying this one off treatment to assist our families as many have already invested time and money to no avail. So together we might be able to break the cycle
- You will need to do a follow up head lice treatment again after a week to kill any head lice that hatched after you have first treated your hair. The treatment will kill the lice, but it may not get all the nits.

PLEASE FOLLOW THE INSTRUCTIONS EXACTLY AS THEY ARE ON THE TREATMENT

We are not advocating this specific treatment, it met our criteria of: available locally, reasonably priced and gentle on/for children.

Again, PLEASE FOLLOW THE INSTRUCTIONS.

**The weeks Kalori also contains alternate treatments from the internet.**

**Engage to accelerate Phase TWO:**

As you will recall from previous Kalori’s Narromine Public School are fortunate to able to facilitate an initiative we are calling “Engage to Accelerate”. This initiative is the brain child of our Engagement Team – this team consists of Cassie Davis, Emma Smith, Jock Webb and Vanessa Price.
Phase One is focused around children who are in the top of their individual skill bands and ready to move into the next skill band based on NAPLAN and Teacher Consistency of Judgement. Phase One is based around LOTUS learning and the theme of Literacy ‘Narromine – Our community’ and Mathematics focus groups.

Phase Two has a Working Memory and Reading Focus, Narromine Public School has identified and selected a digital program called *Fast ForWord* this an intensive program that has come highly recommended. *Fast ForWord* works with individual children at their learning level and uses technology to engage the students. The students within phase two will be working in the care of their class teacher – this is not a withdrawal program. *Fast ForWord* increases the brains capacity to learn and process more efficiently by developing essential cognitive and language processing skills. Staff through EA4S (Early Action for Success) have identified a small number of students for intensive support in the area of working memory in the 2-5 classes this target area is aimed at increasing attention, processing speed, memory and sequencing.

While students in years 3 and 4 have been identified as an extension group. This group of high performers will be building their capacity in the area of Reading. The *Fast ForWord* Reading programs have a reading development focus on: decoding, sentence structure and grammar, comprehension and written expression at the same time they are building key cognitive skills of: working memory, focused and sustained attention, auditory and visual processing and sequencing.

We are hoping to commence Phase Two in the coming weeks, all participants in *Fast ForWord* will be contacted via a personal letter to their parents and carers.

For further information please contact Cassie Davis or myself.

Regards
Denise King Principal

**Stage 3 Excursion**

Our Stage 3 students enjoyed an excursion to Sydney last week. They had an action packed four days starting at the Bathurst Goldfields and finishing at the Aquatic Centre, Homebush. They visited various Sydney attractions and museums such as Powerhouse Museum, Maritime Museum, Aquarium, Hyde Park Barracks, ANZ stadium and even walked the Sydney Harbour Bridge.

The students behaviour on the excursion was fantastic and Narromine Public School got complemented many times on how well behaved our students are.

From the students and teachers we would like to pass on our thanks and gratitude to all our parent helpers Susan Barber, Jodi Browning, Pedr Corderoy, Jen Richardson, Sharon Doherty, Jeremy Gill, Darrin Dennis, Lewis Lydon, Matt Brown and Paul Hunt. This excursion would not have run as smooth as it did without your help. Thank You!

Jordan Moran Classroom Teacher

**K6-JO** has been doing a variety of different life skills this year, from packing our own picnic and eating it by the river to cooking pizzas and pasta in class. We have learnt how to set the table, use our table manners and to clean up afterwards.

On Thursday the 7th August K6-JO, Jenny and Miss O’Brien walked from school to the United Services Memorial Club. We were all dressed beautifully in our school uniform and were excited to be on our excursion. When we arrived we all sat down at the table and waited for our meals to be served. We used our best manners and enjoyed a delicious meal together. On behalf of K6-JO we would like to thank Mrs King for this beautiful excursion we were lucky enough to go on.

Stephanie O’Brien
Classroom Teacher

**Stage One Weather Experiment**

During Term 2, Stage One has been looking at “Weather”, focusing on the 5 Es of the teaching and learning model: Engagement, Exploration, Explanation, Elaboration and Evaluation. Part of the Weather unit was having the students describe some observable changes that occur in the sky and on the landscape. The unit comprises of experiments to assist the students in developing an understanding the phenomenon around weather. One of the Year 4 students was able to share their knowledge with our students. George Brabrook came and performed an experiment on how clouds are formed. The students were engaged with the lesson. Thank you George for sharing your expertise with our Stage One students.

Sharron Walsh
Class Teacher
Term 3 Week 5

Notes home -
NARRAF/Gobondery Athletics
Head lice K Seals
Head lice 1/2 Hippos

PBL Awards Week 4

Class of the Week       2 Spiders
Attendance              K Seals
Uniform                 3 Elephants
Super Val (K-2)         1 Rabbits
Assembly class          4 KPanthers

That’s Super Students – Jeremy Rush, Kuber Thakur, Diranjah Powell, Dylan May-Fuller

Library Awards – Kobey Quigg, Shakitta Biles

K-2 Awards
Mahalia Townsend, Tobias Corcoran, Jamari Clarke, Charlotte Masonwells, Katie Fee, Zac Harding, Bryce Dixon, Nathan Halbisch, Izaya Hardy-Byrne, Nyasia Kelly, Dane Burns, Kaleb Beer, Brodie Pink, Amarlee Adams, Alice Gough, Larry Kelly, Kayeisha Davison-Knight, Tyler Everingham

3-6 Awards
Todd Tonkin, Audrey Gill, Ellie Richardson, Ebony Preston, Nash Hancock, Terrence Wilcox, Danneka Dinsdale, Grace Bunt, Kate Turnbull, Ryan Cameron, Charlotte Green, Alex Ring, Maddysun Sedova, Sam King, Amelia Housden, Matilda Irvine, Clinton Gillespie, Cody Wells

Education Week
On 28th July which was Open Classrooms day we had our parents and carers come to our classrooms and watch what we were doing in our classrooms, at lunch we had a sausage sandwich, after that we had a combined assembly with Narromine High school and Narromine Public School. The performances from the schools were magnificent.

On 30th July which was Gala day we went to the high school to play sport with the students from other schools in the district such as the Narromine Christian School. The sports we played were table tennis, netball, indoor soccer, nucumball, football and badminton. Some of us even got to be in the local newspaper.

On the 31st July which was eisteddfod showcase assembly we had a fun and musical time at 2pm in the hall, the dances the children did were extraordinary for everyone, this is just one example – the junior boys did ‘Happy’.

On the 1st August we watched the student v the teacher/parent sport day. The teachers lost and the students won. The only thing stopping them from winning the netball were two very fast high schoolers. After that we had a sausage sizzle.

Damon James 5W

On Monday 28th July it was the start of Education week ther was an assembly with a lot of entertainment with bands and some lovely singers. This assembly was run by the school captains and the lovely principals of Narromine Public and Narromine High. After this assembly the Stage 3 students got to take a tour of some of the high school rooms with Mrs Bodiam. I think we all enjoyed this mini excursion so we all thank Mrs Bodiam for that then the Year 6 students got to enjoy a lovely sausage sandwich from the Narromine High School P&C the Year 6 students loved them.

On Wednesday 30th July we had a gala day with the Narromine Christian School Narromine Public School and Narromine Catholic School to enjoy a day to get together and make new friends from 10am to 1pm we had some cool sports such as: netball, touch football, indoor soccer, table tennis and volleym ball after all this enjoyable sport we then had another sausage sizzle for lunch this day was run by Mr Hoyle we enjoyed this day we thank the teachers who accompanied the students on this day and we would also thank the high school students for teaching us some skills on the day. We really enjoyed it.

On Thursday 31st July Narromine Public school got together to show us all there wonderful skills in speech and dance. Thank you Mrs Price for organizing this afternoon and thank you to all the dancers for having a go.

On Friday 1st August we had a little entertainment we go to enjoy watching the teacher and parent v Year 6 students in netball and then after the netball we went and watched to touch football. Some of the year 6 and year 8 students v the teachers and parents good entertainment. To the Stage 3 students, teachers and all the parents there on the day thank you for your participation.

Mikaylia Frawley 5W
On Monday 28th July Narromine Public School and Narromine High School got together in the hall and celebrated Education Week. We had some performances by the high school bands and some people got awards for their support in the schools. After the assembly Mrs Bodium showed Stage 3 around the high school. Then on Wednesday 30th July Stage 3 from all the Narromine Schools went over to the high school to do sport for the day with Mr Hoyle. We got a sausage sandwich cooked by the high school students. Thursday 31st people who performed at the eisteddfod or di public speaking showed off their talent in front of the school. Friday 1st August we had a teacher and parent v student netball and touch football. After that we got another sausage sandwich.

Joaan Fidock 5W

Community / P&C

Father’s Day Stall
The Father’s day stall will be run on Friday 5 September 2014. The committee are seeking donations of small glass jars with lids ie. small Jam jars. If you can donate any please leave them at the canteen.

Cubby House Donations
The school is looking for donations of old cubby houses that the P and C committee can “renovate” and make into a place for the infants kids to role play in a safe environment. Please see Sandra Irvine or Denise King if you have a timber cubby that might be appropriate.

Uniforms
If anyone has some old uniforms to donate, please drop them into the canteen and they will be re-sold with the money going to the P and C to help purchase such great items as the recent projector and screen.

School Fete
The bi-annual school fete will be held on Saturday 25 October 2014. The committee is looking for parent class reps to help organise a stall for each class. Please see Fi Lander if you can help. Next NPS fete and market day meeting Monday 18th August 3.00 pm NPS staff room. For parents interested in being involved in organising this important fundraiser for our school.

Teacher of the Term
Please nominate your favourite teacher for Teacher of the term. Nomination forms can be found in the office.

Next Meeting
The next two P&C meetings will be at 6.00pm on Monday 18 August and Monday 15 September 2014.

Gobondery/NARRAF Athletics Carnival
Any parents who could volunteer some time or donations of slices would be appreciated in the canteen or help on the barbecue, even just for an hour would be great. Jo Gill (0428898341)

Tastebuds Roster

<table>
<thead>
<tr>
<th>Day</th>
<th>Wed</th>
<th>Thurs</th>
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<th>Tues</th>
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<tr>
<td>L Woods</td>
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Wednesday/Thursday Special

Sweet chilli chicken wraps/burgers $4

Claire Mears
Canteen Supervisor (68894566)

DONATION DRIVE.....
Starts TODAY..... Ends Friday 5th September (Wk8).....

CLASS PARTY FOR THE WINNING CLASS
We are looking for any dry goods or cleaning products but in particular we need:
- Pencils - White paper Bags - Jellys - Brown sugar - Castor sugar - SR flour - Cake mixes - Zooper dopers - Paper towel - Handwash - Cleaning spray - Washing up detergent

We are desperate for new volunteers. SEE OUR ROSTER... It doesn’t need to be all day, from 10-1 is great, 2 hours in the morning is so helpful, come in and make some cupcakes, that’s wonderful.

If you are LOOKING FOR SOME EXPERIENCE AND TRAINING FOR YOUR RESUME- Food safety and handling, stock, point of sale, customer service - WE WILL WRITE YOU A REFERENCE.
The Narromine Show is fast approaching and it is time to get your creative juices flowing. The show will take place on the August 29 and 30. All students are invited to enter artworks in this year’s show. They may complete their own artworks at home and classes may also complete artworks at school that can be entered. Entries will be due to the class teacher by Friday 22 August along with a 30c entry fee. Student may enter as many artworks as they wish and may enter the age class above them, but not below. Have fun creating!

<table>
<thead>
<tr>
<th>Preschool</th>
<th>Junior primary</th>
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<tbody>
<tr>
<td>Class: A-Craft-Under the ocean</td>
<td>Year 3</td>
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<tr>
<td>Class: B-Art-Brightly coloured abstract paintings or self portrait</td>
<td>Class I-Art-Show theme</td>
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<tr>
<td>Infants (years K-2)</td>
<td>Class J-Craft-Construction, Transport</td>
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<tr>
<td>Kindergarten</td>
<td>Year 4</td>
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<tr>
<td>Class C-Art-Family portrait</td>
<td>Class K-Art-Portrait of someone famous any medium</td>
</tr>
<tr>
<td>Class D-Craft-Construction, Animals</td>
<td>Class L-Craft-Construction, using paper (eg Origami)</td>
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<tr>
<td>Year 1</td>
<td>Senior primary</td>
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<tr>
<td>Class E-Art-At the farm</td>
<td>Year 5</td>
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<tr>
<td>Class F-Craft-Celebration any medium</td>
<td>Class M-Art-Still life, Collage</td>
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<tr>
<td>Year 2</td>
<td>Class N-Craft, Mask</td>
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<tr>
<td>Class G-Art-Aboriginal Art</td>
<td>Year 6</td>
</tr>
<tr>
<td>Class H-Craft-Construction, puppet</td>
<td>Class O-Self Portrait, Black and White</td>
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<tr>
<td>High school</td>
<td>Class P-Craft, Construction, Building</td>
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<tr>
<td>Year 7-12 Open Art and Craft</td>
<td>Seniors</td>
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<tr>
<td>Age/school year must be attached to the work</td>
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Narromine High School
Science Spectacular
Celebrating Science Week
27th August 2014
5 - 6:30pm
Multi-Purpose Hall
Presentation at 6pm

Come along and join in the fun.

Enter the paper plane competition
Vote for your favourite project
Buy some cool science gear
Presentation of awards
BBQ and drinks available

Is it time to have your child's ears and eyes tested again?
Ears- Best practice for children age 4-8 half yrs old having hearing, speech, learning and behaviour problems is hearing testing every 4 months. Children 8.5-18yrs should have 1 test per year. Did you know Permanent Hearing Loss can occur at ANY age after sicknesses with constant high temperatures. In Dubbo please phone Community Health for a free test (up to 5 month wait) 68858999 or Hearing Life ($40) 68820807. Always share your results with your child's class teacher or the Hearing Support Team 68846714
Eyes yearly eye tests, free through Medicare, at any Optometrist in Dubbo.
The following websites are packed with information that may assist in beating head lice.
**Term 3 Week 5  Tuesday 12 August 2014**

**Expression of Interest - Placement in year 7, 2015**
Forms are now due. Even if your child is not attending a NSW government school the forms need to be completed. Information guide and expression of interest forms can be collected at the office, or at Narromine High School.

<table>
<thead>
<tr>
<th>MONTH</th>
<th>MONDAY</th>
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<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tbody>
<tr>
<td>WEEK 5 AUGUST</td>
<td>11</td>
<td>12 UNI NSW math comp Scripture special event 12pm Yr 3 Exc. Wellington Caves</td>
<td>13 Kindy Orientation</td>
<td>14 Kindy Orientation</td>
<td>15 Kindy Orientation K-2 Assembly 2pm (Item K/1 Tigers and 1/2 Hippos) Gob/NAR Athletics</td>
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<tr>
<td>WEEK 6 AUGUST</td>
<td>18 K-6 Assembly 2pm (Host class 2S) P&amp;C meeting 6pm</td>
<td>19 Trivia Night 7pm Bowling Club</td>
<td>20 Kindy Orientation Book Wk parade</td>
<td>21 Kindy Orientation Commonwealth Games Sports Day</td>
<td>22 Kindy Orientation Science projects due</td>
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<tr>
<td>WEEK 7 AUGUST</td>
<td>25</td>
<td>26</td>
<td>27 Kindy Orientation Science Fair</td>
<td>28 Kindy Orientation</td>
<td>29 Kindy O WSSA Athletics K-2 Assembly 2pm (Item 1 Rabbits)</td>
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<tr>
<td>WEEK 8 SEPT</td>
<td>1 K-6 Assembly 2pm (Host class 5W)</td>
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<td>3 Kindy Orientation</td>
<td>4 Kindy Orientation</td>
<td>5 Kindy O P&amp;C Father’s Day stall</td>
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<td>WEEK 9 SEPT</td>
<td>8</td>
<td>9</td>
<td>10 Kindy Orientation K-2 Tabloids day</td>
<td>11 Kindy Orientation</td>
<td>12 Kindy O K-2 Assembly 2pm (Item K Seals)</td>
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<tr>
<td>WEEK 10 SEPT</td>
<td>15 K-6 Assembly 2pm (Host class K/1T) P&amp;C meeting 6pm</td>
<td>16</td>
<td>17 Kindy Orientation</td>
<td>18 Kindy Orientation</td>
<td>19 Kindy Orientation</td>
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Head Lice Prevention Tips

The most important things to remember in order to prevent head lice are:

1. If your child has long hair, tie it up for school every day (plaits or braids are great) and if you like, spray their hair with hairspray. Many mothers swear by hairspray — after you’ve tied up your child’s hair, keeping it under control with hairspray seems to help.

2. For long or short hair, encourage wearing a hat to protect their hair from coming into contact with others.

3. You can buy (or make your own) head lice resister sprays which you can spray into their hair and inside their hats. Most of the sprays have essential oils – mainly tea tree, eucalyptus, geranium and lavender – which lice don’t like. Its an effective repellant.

4. Make absolutely sure that you follow any treatment program as per the instructions. No treatment exists that kills both the head lice AND the eggs in one go. Repeating a treatment is always needed because the live lice die, but the eggs in your child’s hair will hatch soon after, so you need to make sure you get them out before they are old enough to reproduce – around 7-10 days is a good time to repeat a treatment.

4. Use tea tree shampoo and/or conditioner for washing your children’s hair. Check out the different options available which vary in price, as well as the amounts of oils in each product. You may be able to find a better range at your pharmacy or variety store.

5. Make sure you check yourself and your partner for head lice. Kids love to be up close to your face and hair, especially when they snuggle, so you may have transmitted head lice between you before you realised head lice was around. The last thing you want is to have your children head lice free, but then someone else passes it back to them. Some mothers who colour their hair find that their hair colour treatment kills lice. Similarly with those who straighten their hair with a straightener – the heat kills the lice and eggs.

Head Lice Treatments – Parents Suggestions

There are so many products out there on the market, and with head lice being so stubborn, it may concern you as to the chemical content of these products – especially if you’re using them frequently. I found that in the head lice world, its another case of natural products being very effective, and even better than other chemically manufactured products. My daughter has particularly thick and long hair, which I found a bit overwhelming at first, but you can get on top of it no matter what you’re faced with!

To see if others found the same, I asked other parents what worked for them in the race to beat head lice, so you have some options to help you too. Some are very interesting!

One method which is very effective and great as an early detection for head lice, is to keep a supply of cheap conditioner and a metal lice comb. Once a week, saturate your child’s hair in conditioner (brush their hair first if its prone to knots) and leave it in for a little. The conditioner makes the hair very slippery and head lice have trouble moving around which is a great way to get them out. Either get a paper towel and comb sections of the hair until the whole head has been combed through a few times, and by wiping the comb on the paper towel, you’ll see if you’ve found anything. Alternately you can do this in the shower, as I do with my kids. They have started doing it themselves to make sure they are still gone and it’s under control with this method and with the help of one other product.

http://www.healthline.com/health-slideshow/home-remedies-for-head-lice#6

A number of essential oils have been shown to be effective—along with combing—in eliminating head lice. Before you use any essential oil, put a small drop on the back of your child’s hand. Although it’s rare, some kids have allergic reactions to these oils—specifically tea tree oil. If your child is allergic to one, move on to the next oil on the list.

http://www.wikihow.com/Kill-Head-Lice-Naturally

Head lice are wingless insects that live on scalps and can be difficult to exterminate. Following the procedures listed will kill them without using harsh chemicals that can also harm humans. Be patient and confident that this problem that can be overcome with a little know-how. The first steps will help you ensure your home is lice-free.
Library Book Week Parade and Lunch

Narromine Public School will be holding a parade in the multipurpose hall on Wednesday, 20 August starting at 12.30pm. Lunch will be from 1.00pm.

Parents and carers are invited to attend.

The canteen will be offering lunches on the day.

The special for the day will be Lasagne and salad for $4.00. The canteen menu will also be available.

If you require lunch please complete order slip and return to the canteen with your money.

RSVP - 15 August 2014

ALL orders to be handed to the canteen

Thank you

Mrs Mackay and Ms Mears

----------------------------------------------------------------------------------------------------------------------------------

Book week lunch order

Parent Name __________________________
Child Name_____________________ Class ________

☐ ☐ ☐ Lasagne and salad @ $4.00 = $__________

☐ ☐ ☐ Order from menu - ____________________________ = $__________
☐ ☐ ☐ Order from menu - ____________________________ = $__________
☐ ☐ ☐ Order from menu - ____________________________ = $__________
☐ ☐ ☐ Order from menu - ____________________________ = $__________

Money enclosed $ __________

ALL orders to be handed to the canteen by 15 August